



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 100

50 year old nursery teacher. Hobbies theatre, singing, needlework. Drives.

Wearing daily disposable soft toric lenses at present with reading specs over the top. Having to wear specs more often and would like to be spec free, especially as children pull specs off sometimes.

Last aftercare 6 months ago.

Average wear time 16 hours, maximum 18 hours. Lenses worn 4 hours today. Generally wears lenses 6 days per week. Had monthly lenses 10 years ago but prefers the convenience of daily disposables.

Compliance good, washes hands before handling lenses, doesn't reuse lenses.

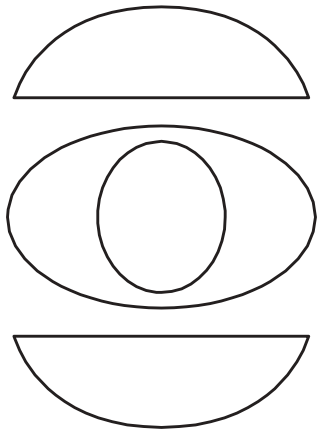
General health good, no medication. No allergies, non smoker. No eye problems in the past.

Last eye exam 18 months ago

Spectacle Rx RE -3.75/-1.75x175 6/5
 LE -3.25/-1.25x180 6/5
 Add +1.50 N5 R&L

External examination

Mild blepharitis, grade 0.5 MGD

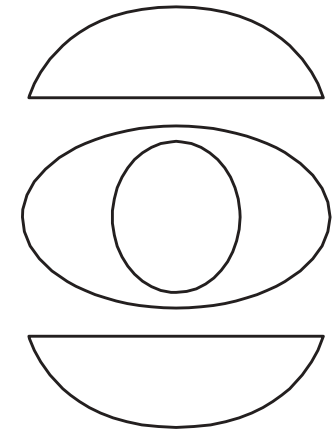


Grade 1 limbal hyperaemia nasally R&L

No corneal staining R or L

tBUT 18 seconds R&L

Mild blepharitis, grade 0.5 MGD



Contact lens specification and fit assessment

Coopervision MyDay toric 8.60/14.50

RE -3.75/-1.75x180 6/5 overrefraction plano

LE -3.25/-1.25x180 6/5 overrefraction plano

+1.50 NV Rx over Cls N5 R&L

